



Categories

Tools

Locations

Plating

Yield

Portion

Num Portions

Prep

Cook

Finish

Shelf

Nutrition Facts	
Serving Size 0	
Servings Per Container	
Amount Per Serving	
Calories 380 Calories From Fat 160	
% Daily Value	
Total Fat 18g	27%
Saturated Fat 7g	31%
Trans Fat 0g	
Cholesterol 35 mg	12%
Sodium 490mg	20%
Total Carbohydrate 44g	15%
Dietary Fiber 9g	38%
Protein 13g	
Vitamin A 6%	Vitamin C 40%
Calcium 25%	Iron 10%
* Percent Daily Values are based on a 2000 calorie diet.	

The following items are not included in the label data

Ingredient

bread, submarine rolls

Reason

No nutrition quantity specified