



Categories

Tools

Locations

Plating

Yield

Portion

Num Portions

Prep

Cook

Finish

Shelf

Nutrition Facts	
Serving Size 0	
Servings Per Container	
Amount Per Serving	
Calories 280 Calories From Fat 190	
% Daily Value	
Total Fat 21g	31%
Saturated Fat 6g	28%
Trans Fat 0g	
Cholesterol 25 mg	8%
Sodium 470mg	20%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	11%
Protein 7g	
Vitamin A 6%	Vitamin C 4%
Calcium 15%	Iron 8%
* Percent Daily Values are based on a 2000 calorie diet.	

The following items are not included in the label data

Ingredient

potato, Idaho

Reason

No nutrition information