



Categories

Tools

Locations

Plating

Yield

Portion

Num Portions

Prep

Cook

Finish

Shelf

Nutrition Facts	
Serving Size 0	
Servings Per Container	
Amount Per Serving	
Calories 1160 Calories From Fat 950	
% Daily Value	
Total Fat 105g	157%
Saturated Fat 43g	194%
Trans Fat 0g	
Cholesterol 225 mg	76%
Sodium 1430mg	59%
Total Carbohydrate 9g	3%
Dietary Fiber 5g	23%
Protein 52g	
Vitamin A 30%	Vitamin C 2%
Calcium 45%	Iron 15%
* Percent Daily Values are based on a 2000 calorie diet.	

The following items are not included in the label data

Ingredient

prickly pear juice
bread, French

Reason

No nutrition information
No nutrition quantity specified