

Date: 6/18/2015  
Time: 10:29 AM

**Categories** Soup/Stock

**Tools**

**Locations** Chef

**Plating**

<b>Yield</b>	12	gal	<b>Prep</b>	30 minutes
<b>Portion</b>	8	oz	<b>Cook</b>	2 hour
<b>Num Portions</b>	192		<b>Finish</b>	
			<b>Shelf</b>	

Nutrition Facts	
Serving Size 8 oz (227g)	
Servings Per Container 192	
Amount Per Serving	
<b>Calories</b> 200	<b>Calories From Fat</b> 20
% Daily Value	
<b>Total Fat</b> 2.5g	3%
Saturated Fat 0g	1%
Trans Fat 0g	
<b>Cholesterol</b> 0 mg	0%
<b>Sodium</b> 220mg	9%
<b>Total Carbohydrate</b> 35g	12%
Dietary Fiber 9g	41%
<b>Protein</b> 12g	
Vitamin A 15%	Vitamin C 20%
Calcium 8%	Iron 25%

\* Percent Daily Values are based on a 2000 calorie diet.

The following items are not included in the label data

**Ingredient**

pepper, green bell  
pepper, red bell  
lentils du puy  
vegetable base  
paprika, smoked

**Reason**

Missing conversion  
Missing conversion  
Missing conversion  
No nutrition quantity specified  
No nutrition information