

Date: 6/18/2015
Time: 10:38 AM

Chef Tec
Sandwich, Turkey
Yavapai Lodge



Categories

Tools

Locations

Plating

Yield 10 oz

Portion 10 oz

Num Portions 1

Prep

Cook

Finish

Shelf

| Nutrition Facts | |
|---|---------------|
| Serving Size 10 oz (283g) | |
| Servings Per Container 1 | |
| Amount Per Serving | |
| Calories 800 Calories From Fat 360 | |
| % Daily Value | |
| Total Fat 40g | 60% |
| Saturated Fat 9g | 39% |
| Trans Fat 0g | |
| Cholesterol 70 mg | 23% |
| Sodium 1650mg | 69% |
| Total Carbohydrate 74g | 25% |
| Dietary Fiber 5g | 21% |
| Protein 36g | |
| Vitamin A 150% | Vitamin C 35% |
| Calcium 30% | Iron 35% |

* Percent Daily Values are based on a 2000 calorie diet.

The following items are not included in the label data

Ingredient

Side Salad

Reason

Incomplete nutrition information