

Date: 6/18/2015
Time: 11:18 AM



Entree, Tossed Green Salad
Yavapai Lodge



GRAND
CANYON

Categories
Tools
Locations
Plating

			Prep
Yield	13	oz	Cook
Portion	13	oz	Finish
Num Portions	1		Shelf

Nutrition Facts	
Serving Size 13 oz (369g)	
Servings Per Container 1	
Amount Per Serving	
Calories 430 Calories From Fat 360	
	% Daily Value
Total Fat 40g	60%
Saturated Fat 3g	13%
Trans Fat 0g	
Cholesterol 0 mg	0%
Sodium 55mg	2%
Total Carbohydrate 17g	6%
Dietary Fiber 6g	28%
Protein 3g	
Vitamin A 270%	Vitamin C 60%
Calcium 8%	Iron 15%

* Percent Daily Values are based on a 2000 caloric diet.

The following items are not included in the label data

Ingredient

Apple Cider Vinaigrette

Reason

Incomplete nutrition information