

Date: 6/18/2015
Time: 10:11 AM



Entree, 1/2 Rack Rib
Yavapai Lodge



GRAND
CANYON

Categories

Tools

Locations

Plating

Yield

Portion

Num Portions 1

Prep

Cook

Finish

Shelf

Nutrition Facts

Serving Size 0

Servings Per Container 1

Amount Per Serving

Calories 1170 Calories From Fat 700

% Daily Value

Total Fat 78g 117%

Saturated Fat 27g 124%

Trans Fat .5g

Cholesterol 325 mg 109%

Sodium 1770mg 74%

Total Carbohydrate 23g 8%

Dietary Fiber 5g 20%

Protein 97g

Vitamin A 10% Vitamin C 50%

Calcium 20% Iron 30%

* Percent Daily Values are based on a 2000 calorie diet.

The following items are not included in the label data

Ingredient

Ribs, Pork

Sides, entree

Reason

Incomplete nutrition information

Incomplete nutrition information