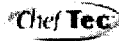


Date: 6/18/2015
Time: 10:50 AM



Sandwich, Grilled Veg & Hummus
Yavapai Lodge



GRAND
CANYON

Categories

Tools

Locations

Plating

Yield	15	oz	Prep
Portion	15	oz	Cook
Num Portions	1		Finish
			Shelf

Nutrition Facts	
Serving Size 15 oz (425g)	
Servings Per Container 1	
Amount Per Serving	
Calories 620 Calories From Fat 280	
% Daily Value	
Total Fat 31g	47%
Saturated Fat 3.5g	15%
Trans Fat 0g	
Cholesterol 5 mg	2%
Sodium 730mg	31%
Total Carbohydrate 72g	24%
Dietary Fiber 6g	25%
Protein 16g	
Vitamin A 160%	Vitamin C 130%
Calcium 10%	Iron 30%

* Percent Daily Values are based on a 2000 calorie diet.

The following items are not included in the label data

Ingredient

hummus
Side Salad

Reason

No nutrition quantity specified
Incomplete nutrition information