



Categories

Tools

Locations

Plating

Yield

Portion

Num Portions

Prep

Cook

Finish

Shelf

Nutrition Facts

Serving Size 0

Servings Per Container

Amount Per Serving

Calories 470 Calories From Fat 320

% Daily Value

Total Fat 36g 54%

Saturated Fat 4.5g 21%

Trans Fat 0g

Cholesterol 100 mg 33%

Sodium 320mg 13%

Total Carbohydrate 14g 5%

Dietary Fiber 2g 10%

Protein 24g

Vitamin A 140% Vitamin C 25%

Calcium 6% Iron 15%

* Percent Daily Values are based on a 2000 calorie diet.

The following items are not included in the label data

Ingredient

bread, submarine rolls

Side Salad

Reason

No nutrition quantity specified

Incomplete nutrition information