Date: 6/18/2015
Time: 5:09 PM

Chef Tec

Dessert, Brownie

Yavapai Lodge

GRAND CANYON

Categories
Tools
Locations
Plating

	Prep
Yield	**Cook**
Portion	**Finish**
Num Portions	**Shelf**

Nutrition Facts

Serving Size 0
Servings Per Container

Amount Per Serving

Calories 290 Calories From Fat 45

	% Daily Value
Total Fat 5g	8%
Saturated Fat 2.5g	10%
Trans Fat 0g	
Cholesterol 0 mg	0%
Sodium 180mg	8%
Total Carbohydrate 40g	13%
Dietary Fiber 2g	7%
Protein 0g	

Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	10%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrient Descriptors

Cholesterol Free
Good Source of Carbohydrates