



Categories

Tools

Locations

Plating

Yield

Portion

Num Portions

Prep

Cook

Finish

Shelf

Nutrition Facts	
Serving Size 0	
Servings Per Container	
Amount Per Serving	
Calories 480 Calories From Fat 140	
% Daily Value	
Total Fat 16g	24%
Saturated Fat 7g	31%
Trans Fat 0g	
Cholesterol 80 mg	27%
Sodium 1780mg	74%
Total Carbohydrate 49g	16%
Dietary Fiber 7g	31%
Protein 41g	
Vitamin A 8%	Vitamin C 15%
Calcium 30%	Iron 20%
* Percent Daily Values are based on a 2000 calorie diet.	

The following items are not included in the label data

Ingredient

mustard, Grey Poupon Country French

Reason

No nutrition information