

Date: 6/30/2015  
Time: 11:16 AM



**Chocolate Croissant**  
Yavapai Lodge



**Categories**

**Tools**

**Locations**

**Plating**

**Yield**

**Portion**

**Num Portions**

**Prep**

**Cook**

**Finish**

**Shelf**

<b>Nutrition Facts</b>	
Serving Size	0
Servings Per Container	
Amount Per Serving	
<b>Calories</b> 360	Calories From Fat 170
% Daily Value	
<b>Total Fat</b> 19g	29%
Saturated Fat 11g	49%
Trans Fat 0g	
<b>Cholesterol</b> 45 mg	16%
<b>Sodium</b> 250mg	10%
<b>Total Carbohydrate</b> 42g	14%
Dietary Fiber 3g	12%
<b>Protein</b> 6g	
Vitamin A 10%	Vitamin C 0%
Calcium 4%	Iron 10%
* Percent Daily Values are based on a 2000 calorie diet.	

**Nutrient Descriptors**

- Good Source of Carbohydrates
- Good Source of Fiber
- Good Source of Iron
- Good Source of Protein
- Good Source of Vitamin A